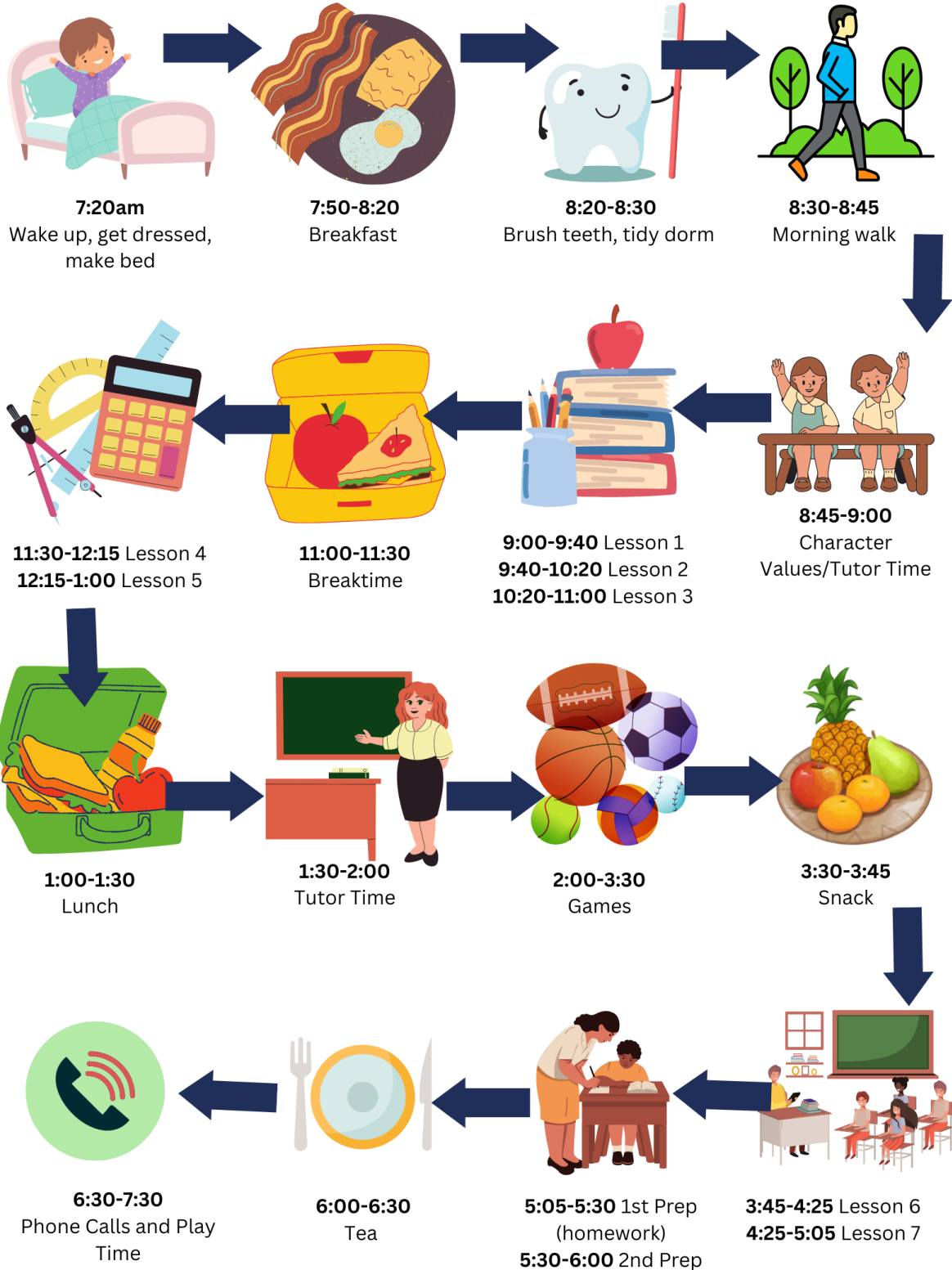




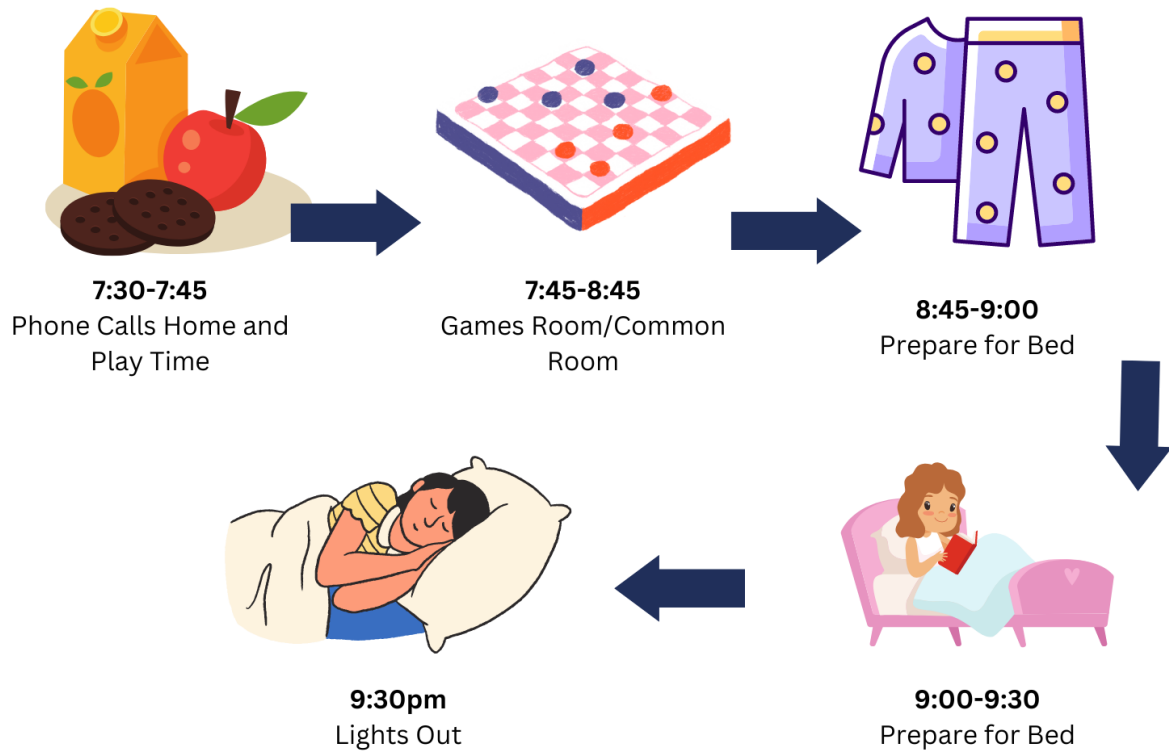
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Daily Routine for Boarding Pupils





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Daily Routine for Boarding Pupils

7:20 am	Wake up time
7:50-8:20 am	Breakfast
8:20-8:30 am	Brush Teeth / Tidy Dorm
8:30-8:45 am	Morning Walk
8:45-9:00 am	Character Values Tutor Time
9:00-9:40 am	1st Lesson***
9:40-10:20 am	2nd Lesson
10:20-11:00 am	3rd Lesson
11:00-11:30 am	Break
11:30 am -12:15 pm	4th Lesson
12:15-1:00 pm	5th Lesson
1:00-1:30 pm	Lunch
1:30-2:00 pm	Tutor Time
2:00-3:30 pm	Games (Rugby, Cricket, Hockey, Athletics)
3:30-3:45 pm	Snack
3:45-4:25 pm	6th Lesson
4:25-5:05 pm	7th Lesson
5:05-5:30 pm	1st Prep/ Supervised Homework



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5:30-6:00 pm	2nd Prep/ Supervised Homework
6:00-6:30 pm	Dinner
6:30-7:30 pm	Playtime and Phone Calls Home
7:30-7:45 pm	Cocoa (light supper and a drink)
7:45-8:45 pm	Games Room / Common Room
8:45-9:00 pm	Prepare for Bed
9:00-9:30 pm	Silence (Reading time in your bed)
9:30 pm	Lights Out

*** The lessons include Math, English, History, Geography, Science, Irish, Latin, French, Spanish, Art and Music.